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If you ask, we will give you this information in another form, such as Braille, large print or audiotape.

USDA is an equal opportunity provider and employer.
**COMMUNITY ACTION RESOURCES**

Programs vary by county and Community Action Agency. Check individual program info and contact the office closest to you to see what is available in your area.

**WEST CENTRAL MN COMMUNITIES ACTION, INC (WCMCA)........ 218-685-4486 or 800-492-4805**

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Energy Assistance (EAP)</td>
<td>Help paying your home energy costs</td>
</tr>
<tr>
<td>Energy Related Repair (ERR)</td>
<td>Homeowners eligible for the Energy Assistance Program can apply for repair</td>
</tr>
<tr>
<td></td>
<td>or replacement assistance with their heating system.</td>
</tr>
<tr>
<td>Weatherization (WX)</td>
<td>Helps income eligible households cut heating costs and improve their</td>
</tr>
<tr>
<td></td>
<td>home comfort level by making energy-saving improvements</td>
</tr>
<tr>
<td>Family Assets for Independence in MN (FAIM)</td>
<td>Matched savings program for persons wishing to purchase a home,</td>
</tr>
<tr>
<td></td>
<td>acquire or expand a small business or for pose-secondary education</td>
</tr>
<tr>
<td>Family Health</td>
<td>Health education, birth control, physical exams, reproductive health &amp; STI</td>
</tr>
<tr>
<td></td>
<td>screening</td>
</tr>
<tr>
<td>Father’s Resource</td>
<td>Assists parents with free information and support regarding parenting</td>
</tr>
<tr>
<td></td>
<td>time, custody, child support and paternity</td>
</tr>
<tr>
<td>Free Tax Preparation</td>
<td>Free tax prep and e-filing for families who meet income guidelines</td>
</tr>
<tr>
<td>Head Start &amp; Early Head Start</td>
<td>Offers comprehensive services to pregnant women and families with children</td>
</tr>
<tr>
<td></td>
<td>ages birth to 5 through center-based and/or home visit activities.</td>
</tr>
<tr>
<td>MNsure Navigation</td>
<td>Guides customers through the process of obtaining affordable health</td>
</tr>
<tr>
<td></td>
<td>insurance through the MNsure health exchange</td>
</tr>
<tr>
<td>Parents Love Us Kids (PLUS Kids)</td>
<td>Provides a safe exchange or supervised visitation for children of</td>
</tr>
<tr>
<td></td>
<td>separated parents in cases where visitation would otherwise be difficult</td>
</tr>
<tr>
<td>Housing Programs</td>
<td>Assists individuals, families and unaccompanied youth in the full</td>
</tr>
<tr>
<td></td>
<td>spectrum of housing services, from emergency housing and rent assistance</td>
</tr>
<tr>
<td></td>
<td>to homebuyer education and counseling, rehab and new single family home</td>
</tr>
<tr>
<td></td>
<td>construction and many services in between.</td>
</tr>
<tr>
<td>Senior Programs</td>
<td>Programs which assist adults 60 and over with various household and</td>
</tr>
<tr>
<td></td>
<td>transportation needs</td>
</tr>
</tbody>
</table>
**CHILD CARE RESOURCES**

**LAKES & PRAIRIES CHILD CARE AWARE OF MINNESOTA......................................................... 800-452-3646**

caplp.org/childcareconnections

Alexandria Office .................................................................................................................. 320-219-9285
Email: dawnb@caplp.org

Fergus Falls Office ................................................................................................................. 218-355-8666
Email: laura@caplp.org

Child Care Aware assists families in accessing quality childcare through financial assistance and an online search tool www.parentaware.org

Child Care Aware also supports individual early childhood educators and programs to improve the quality of care through professional development, grants and coaching.
DENTAL RESOURCES

To our knowledge, the statements following the listings are up-to-date. Please call provider to verify when planning to select your dental home.

Minnesota Oral Health Directory ......................................................... [findadentistmn.org/west-central-minnesota]
This is a tool designed to assist in the search of dental clinics that accept public insurance and no insurance. There is a google translate option so people can search in their primary language.

DOUGLAS COUNTY:

Caring Hands Dental Clinic ................................................................. 320-815-5711
2209 Jefferson St, Suite 101A, Alexandria MN 56308
Email: outreach@caringhandsdc.org
Accepts Medical Assistance and Minnesota Care for new patients ages 10 and younger or 11 years old and up for emergencies only

Central MN Pediatric Dentists, P.A. .................................................... 320-253-0272
507 N Nokomis St, Suite C, Alexandria MN 56308
Website: cmpdsmiles.com
Accepts new patients, Medical Assistance only if secondary insurance
Open Mondays Only

Dentistry at the Center ........................................................................ 320-762-5216
David Golke DDS, Elizabeth Amundson DDS, Tyler Whiting DDS
Website: dentistryatthecenter.com Fax: 320-762-5694
2306 S Broadway, Suite 4, Alexandria MN 56308
Accepts new patients and infants/toddlers

Dr. Haack DDS ................................................................................... 320-763-7484
1400 Hawthorne St, Suite 4, Alexandria MN 56308
Website: haackdds.com Fax: 320-763-6951
Accepts new patients

Dr. Erick Nolting DDS ....................................................................... 320-762-0217
1400 Hawthorne St., Suite 3, Alexandria MN 56308
Website: drnolting.com
Accepts new patients

Family & Cosmetic Gentle Dentistry .................................................. 320-763-5052
3015 Hwy 29 S, Alexandria MN 56308
Website: smilemn.com Fax: 320-763-5053
Accepts new patients

Lakes Area Pediatric Dentistry ............................................................. 218-739-2217
120 12th Ave E, Alexandria MN 56308
Website: lakesareasmiles.com
Email: info@lakesareasmiles.com
Accepts new patients on MinnesotaCare and infants/toddlers

Stadsklev Dental ................................................................................. 320-762-0100
220 22nd Ave E, Suite 105, Alexandria MN 56308
Website: stadsklevdental.com Fax: 888-763-0267
Accepts new patients and infants/toddlers

Young At Heart Dentistry .................................................................. 320-763-3113
Dr. Rick Thiery DDS
111 10th Ave E, Alexandria MN 56308
Website: youngatheartdentistry.com
Accepts new patients and infants/toddlers
GRANT COUNTY:
Elbow Lake Dental Center .......................................................................................... 218-685-4710
Dr. Brady Weispfennig DDS
18 W Division St, PO Box 26, Elbow Lake MN 56531
Website: elbowlakedental.com Email: info@elbowlakedental.com
Accepts new patients and infants/toddlers

OTTER TAIL COUNTY:
Area Lakes Dental ...................................................................................................... 218-864-5245
Dr. Todd Smith DDS
412 Lake Ave S, Battle Lake MN 56515
Website: arealakesdental.com Email: info@arealakesdental.com Fax: 218-864-5246
Accepts new patients

Apple Tree Dental ....................................................................................................... 218-998-2218
327 Western Ave, Suite A, Fergus Falls MN 56537
Website: appletreedental.org Fax: 218-998-2213
Provides children’s dental outreach clinics in Elbow Lake, New York Mills & Pelican Rapids
Accepts new patients, infants/toddlers, Medical Assistance and MinnesotaCare

Hamann Dentistry ...................................................................................................... 218-346-4775
200 First Ave, Perham MN 56573
Website: hamanndentistry.com Email: mlhamanndds@arvig.net
Accepts new patients and infants/toddlers

Lake Region Family Dental Center ............................................................................. 218-736-3847
Dr. Terry Drake DDS
210 N Cascade Ave, Fergus Falls MN 56537 Website: fergusfallsmdndentist.com
Accepts new patients, infants/toddlers and children 5 and under on Blue Plus and Prime West

Lakes Area Pediatric Dentistry ................................................................................... 218-739-2217
215 N Tower Road, Fergus Falls MN 56537 940 Market St, Perham MN 56573
Website: lakesareasmiles.com Email: info@lakesareasmiles.com
Accepts new patients, infants/toddlers, and MinnesotaCare & Medical Assistance for children 5 and under

LifeSmiles Dental Center ............................................................................................ 218-739-2481
Dr. Michael Andrews DDS, Dr. Todd McGovern DDS, Dr. Mitchell Wellman DDS, Dr. "Bud" Mellon DDS, Dr. Jill Balgaard DDS and Dr. Lauren Herzog, DDS
321 Western Ave, Fergus Falls MN 56537 Website: lifesmilesdental.com Fax: 218-739-2178
Accepts new patients and infants/toddlers

Northern Lakes Dental Ltd. ........................................................................................ 218-736-4000
Dr. Scott Wagnild DDS and Dr. Kelly Schroeder DDS
1108 Western Ave, Fergus Falls MN 56537
Website: northernlakesdental.com Email: NorthernLakesDental@prtel.com
Accepts new patients and infants/toddlers

Pelican Dental ............................................................................................................. 218-863-5858
Dr. Daniel Ditch DDS and Dr. Emily Ditch, DDS
28 E Mill St., Pelican Rapids MN 56572
Website: pelicanentalmn.com Email: pelicanental@loretel.net
Accepts new patients and infants/toddlers
Special Care Dentistry ................................................................................................ 218-736-1890
321 Western Ave Suite B, Fergus Falls MN  56537
Accepts new patients and MA or MinnesotaCare patients with a developmental or intellectual disability, severe
and persistent mental illness or traumatic brain injury
or traumatic brain injury

POPE COUNTY:
Dental Health Services ............................................................................................... 320-634-3556
Dr. Scott W. Ringdahl DDS, Dr. Jeremy Myrom DDS and Dr. Alyssa Gullickson DDS
1616 N Franklin St, Glenwood MN  56334  Website: dentalhealthservicesmn.net  Fax: 320-634-3567
Accepts new patients and infants/toddlers

Minnewaska Dental .................................................................................................... 320-634-4543
Dr. Carl Wallin
101 1st St SW, Glenwood MN  56334  Website: minnewaskadental.com  Fax: 320-634-4544
Accepts new patients

STEVENS COUNTY:
Dental Depot .............................................................................................................. 320-589-4481
Dr. Kevin Williamson DDS
2 E 5th St, Morris MN  56267
Website: dentaldepotmorris.com    Email: dentaldepot@hometownsolutions.net
Accepts new patients, Medical Assistance, MinnesotaCare and infants/toddlers

Morris Dental Clinic .................................................................................................... 320-589-2161
Dr. Eric Rambow DDS, Dr. Meghan Rambow DDS and Dr. Jenny Perrault DDS
201 E 6th St, Morris MN  56267    Fax: 320-589-3149
Website: morrisdentalclinic.com    Email: info@morrisdentalclinic.com
Accepts new patients, infants/toddlers and Medical Assistance patients 18 years & under

TRAVERSE COUNTY:
Lake Valley Dental ...................................................................................................... 320-563-4800
Dr. John, DDS
1511 Broadway, Wheaton MN  56296
Website: lakevalleydental.com    Email: office@lakevalleydental.com    Fax: 320-563-4840
Accepts new patients, infants/toddlers and limited MA and MinnesotaCare patients

Sisseton Dental Clinic .................................................................................................... 605-698-3201
Dr. Evan Nelson DDS
7 Summit St, Sisseton SD  57262
Website: sissetondental.com    Fax: 605-698-4799
Accepts new patients and infants/toddlers

Woodrow Wilson Keeble Memorial Health Care Center – Dental Department ............ 605-698-3662
100 Lake Traverse Dr, Sisseton SD  57262    Fax: 605-742-3887
Provides dental services for Native Americans/Alaskan Natives

WADENA COUNTY:
Reuter Family Dentistry. .................................................. Wadena 218-631-1487 or Perham 218-346-0346
Dr. Heidi Reuter DDS
80 Juniper Ave NW, Wadena MN  56482    Fax: 218-631-2972
929 Market St, Perham MN  56573    Fax: 218-346-5516
Website: reuterfamilydentistry.com    Email: staff@reuterfamilydentistry.com
Accepts new patients, infants/toddlers and offers a Dental Savings Plan
Woodland Dental

Dr. Ryan Anderson DDS
206 1st St SE, Wadena MN 56482
Website: woodlanddental.org  Email: woodlanddental@arvig.net  Fax: 218-631-2926
Accepts children in Wadena area that are at least 4 years old and on MA or MN Care, and 3 year old children if enrolled in Head Start

REGIONAL DENTAL CLINICS:
Central MN Pediatric Dentists, P.A.
2454 8th Ave S, Sartell MN 56377
13046 Falcon Dr, Baxter MN 56425
570 Humboldt Dr, Suite 102, Big Lake MN 55309
1100 19th Ave SW, Willmar MN 56201
Website: www.cmpdsmiles.com
Accepts new patients and infants/toddlers

K.O.A.L.A. Dental Care (Kids of All Ages Dentistry)
Dr. John Collier DDS, Dr. David Collier DDS, Dr. Aruna Rao DDS and Dr. Emma Zimmerman DDS
3950 Veterans Dr, Suite 102, St. Cloud MN 56303  320-253-8380
15860 Audubon Way, Baxter MN 56425  218-829-3571
20 1st Ave S, Buffalo MN 55313  763-682-6441
Website: www.themolardoctors.com  Fax: 320-253-8419
Accepts new patients with referral from Dentist

Northland Smiles Dental Care
21343 Archibald Rd, Deerwood MN 56444  Website: northlandsmiles.com
Email: northland@northlandsmiles.com  Fax: 218-534-3949
Accepts new patients, infants & toddlers, Medical Assistance and MinnesotaCare

Pillager Dental
Dr. Fletcher DDS
727 Buckskin Ave W, Pillager MN 56473  Fax: 218-746-4558
Accepts new patients, infants/toddlers and MinnesotaCare South Country Health Alliance
**DISABILITY RESOURCES**

**ANDHE DISABILITY SERVICES (ADS) .......................................................... 320-219-7882**  
Email: andhedisabilityservices@gmail.com  
The goal of ADS is to help adults who have physical, mental and/or emotional challenges move toward better living.

**DEAF AND HARD OF HEARING SERVICES ........................................ 800-657-3663**  
Website: mn.gov/deaf-hard-of-hearing/  
Email: dhshhhsd@state.mn.us  
The Minnesota Department of Human Services (DHS) provides services and information to help Minnesotans who are deaf, deafblind and hard of hearing and their families.

**DISABILITY HUB MN ................................................................. 866-333-2466**  
Website: disabilityhubmn.org  
Free, statewide information and referral resource specifically designed for Minnesotans with disabilities and chronic illnesses.

**PACER CENTER ............................................................. 800-537-2237 or 952-838-9000**  
Website: pacer.org  
Email: PACER@PACER.org  
PACER Center is a Minnesota nonprofit organization that provides services without a fee to families of children and young adults with all disabilities.

**SPECIAL EDUCATION COOPERATIVES:**  
**Fergus Falls Area Special Ed Co-op 935.............. 218-998-0935**  
518 Friberg Ave, Fergus Falls MN  56537  
Contact: Wendy Duenow  
Website: isd935.org  
Email: wduenow@fergusotters.org  
Fax: 218-998-0055  
Member Districts: Ashby, Battle Lake, Breckenridge, Campbell-Tintah, Fergus Falls, Pelican Rapids, Rothsay and Underwood.

**Freshwater Education District 6004................. 218-631-3505**  
2222 Industrial Dr, Wadena MN  56482  
Website: fed.k12.mn.us  
Email: lmurdock@fed.k12.mn.us  
Fax: 218-631-3588  

**Midwest Special Ed Co-op 398 ...................... 320-589-4248**  
203 S. Columbia Ave, Morris MN  56267  
Website: midwestspecedcoop.net  
Email: ttravis@morris.k12.mn.us  
Fax: 320-589-0435  
Member Districts: Browns Valley, Clinton-Graceville-Beardsley, Chokio-Alberta, Hancock, Herman-Norcross, Morris Area, West Central Area and Wheaton.

**Runestone Area Education District 6014............ 320-763-5559**  
700 Northside Dr NE, Alexandria MN  56308  
Website: runestoneareaeducation.org  
Fax: 320-762-3370  
Office Manager: Heidi Grove  
Email: hgrove@alexschools.org  
Member Districts: Brandon-Evansville, Minnewaska, Osakis and Parkers Prairie.
A statewide organization, Arc helps address the concerns of people with disabilities. Arc offers a variety of support systems to families including resource and referral services, housing services, advocacy, educational workshops and social interactions.

Connects families of children with special needs to each other and to appropriate resources and services.
EDUCATIONAL RESOURCES

SCHOOL DISTRICTS:
School districts may offer a variety of the following services. Please see individual listings to find out what services are offered in a particular district.

Community Education: Community Education offers programs, classes and other opportunities for residents of all ages, interests and abilities. May also provide programming for: preschoolers, after school and non-school days, summer programs, mentorship, adult enrichment, adult basic education and volunteer opportunities.

Early Childhood Family Education (ECFE): A program available to families with birth to kindergarten entrance. Parents come with their children to an age-appropriate class to participate in activities together and to have a parent education group. This parent child program enhances relationships between parent & child in a positive, supportive learning environment.

Early Childhood Special Education (ECSE): Provides special education services to children age birth through five years old or age of school entry at no cost to parents. Provides developmental assessments as needed and offers services upon meeting Minnesota special education entrance requirements. Professionals strive to provide services in settings with other children of similar ages.

School Age Child Care: Provides a safe and alternative environment for children before and after school and on non-school days.

School Readiness Preschool Programs: This program is generally a yearlong program for children ages 3-5 to prepare them for Kindergarten entrance. Programming may be between one and three sessions per week. Parent information sessions are a part of the program, also.
SCHOOL DISTRICTS (IN ALPHABETICAL ORDER):

Alexandria Public Schools District 206 ................................................................. 320-762-2141
1410 S McKay Ave, Suite 201, Alexandria, MN 56308
Website: www.alexschools.org Fax: (320) 762-2765

Services Offered:
Community Education ................................................................. 320-762-3310
Early Education Center ................................................................ 320-762-3305
ECFE ......................................................................................... 320-762-3305
ECSE ......................................................................................... 320-762-3305
School Age Child Care ................................................................. 320-762-3310
Preschool ................................................................................... 320-762-3305

Schools located within District 206:

<table>
<thead>
<tr>
<th>School Name</th>
<th>Grades</th>
<th>Address, City, State</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carlos Elementary</td>
<td>K-5</td>
<td>20 Douglas Ave N, Carlos</td>
<td>320-852-7181</td>
</tr>
<tr>
<td>Garfield Elementary</td>
<td>K-5</td>
<td>303 Sanstead St E, Garfield</td>
<td>320-762-3350</td>
</tr>
<tr>
<td>Lincoln Elementary</td>
<td>K-5</td>
<td>1120 Lark Ave, Alexandria</td>
<td>320-762-3320</td>
</tr>
<tr>
<td>Miltona Science Magnet Elem.</td>
<td>K-5</td>
<td>271 Dale St, Miltona</td>
<td>877-736-1419</td>
</tr>
<tr>
<td>Voyager Elementary</td>
<td>K-5</td>
<td>203 Voyager Dr, Alexandria</td>
<td>320-762-3325</td>
</tr>
<tr>
<td>Woodland Elementary</td>
<td>K-5</td>
<td>1410 S McKay Ave, Suite 101, Alexandria</td>
<td>320-762-3300</td>
</tr>
<tr>
<td>Discovery Middle School</td>
<td>6-8</td>
<td>510 N McKay Ave, Alexandria</td>
<td>320-762-7900</td>
</tr>
<tr>
<td>Alexandria Area High School</td>
<td>9-12</td>
<td>4300 Pioneer Rd SE, Alexandria</td>
<td>320-762-2142</td>
</tr>
</tbody>
</table>

Ashby Public School District 261 ................................................................. 218-747-2257
300 Birch Ave PO Box 30, Ashby MN 56309
Website: www.ashby.k12.mn.us Fax: (218) 747-2289
Services Offered: Preschool-12th grade, ECFE, ECSE, School Age Child Care & Community Education

Battle Lake Public School District 542 .......................................................... 218-864-5215
402 Summit St W, Battle Lake MN 56515
Website: www.battlelake.k12.mn.us Fax: 218-864-8651
Services Offered: Preschool-12th grade, ECFE, ECSE, After School Program & Community Education

Brandon-Evansville Public School District 2908 ........................................... 320-834-4084 or 218-948-2241
Website: www.b-e.k12.mn.us Fax: 320-524-2228 or 218-948-2441
Services Offered: Preschool-12th grade, ECFE, ECSE, School Age Child Care & Summer Recreation

<table>
<thead>
<tr>
<th>Campus</th>
<th>Grades</th>
<th>Address, City, State</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brandon Campus</td>
<td>Pre K-3</td>
<td>206 W 3rd St., Brandon</td>
<td>320-834-4084</td>
</tr>
<tr>
<td></td>
<td>9-12</td>
<td></td>
<td>320-524-2263</td>
</tr>
<tr>
<td>Evansville Campus</td>
<td>4-5</td>
<td>123 2nd Ave, Evansville</td>
<td>218-948-2241</td>
</tr>
<tr>
<td></td>
<td>6-8</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Browns Valley Public School District 801 ...................................................... 320-695-2103
118 Church St, PO Box N, Browns Valley MN 56219
Website: www.brownsvalley.k12.mn.us Fax: 320-695-2868
Services Offered: Preschool-8th grade, ECFE, ECSE, After School Program & Community Education
Chokio-Alberta Public School District 771  ................................................................. 320-324-7131
  311 West 1st St, Chokio MN  56221
  Website:  www.chokioalberta.k12.mn.us  Fax: 320-324-2731
  Services Offered: Preschool-12th grade, ECFE, ECSE & Community Education

Fergus Falls Public School District 544 ............................................................ 218-998-0544 x9006
  601 Randolph Ave, Fergus Falls MN  56537
  Website:  www.isd544.org  Fax: 218-755-5000
  Services Offered: Preschool-12th grade, Adult Ed, Area Learning Center, ECFE, ECSE & Community Education

<table>
<thead>
<tr>
<th>Schools located within District 544:</th>
</tr>
</thead>
<tbody>
<tr>
<td>McKinley Elementary School  K-1  724 W Laurel, Fergus Falls  218-998-0544 x9500</td>
</tr>
<tr>
<td>Adams Elementary School  1-2  301 W Bancroft, Fergus Falls  218-998-0544 x9300</td>
</tr>
<tr>
<td>Cleveland Elementary School  3-4  919 Northern Ave, Fergus Falls  218-998-0544 x9400</td>
</tr>
<tr>
<td>Kennedy Secondary School  5-12  601 Randolph Ave, Fergus Falls  218-998-0544 Middle School x9643 High School x9600</td>
</tr>
</tbody>
</table>

Glacial Hills Elementary School District 4168 ..................................................... 320-239-3840
  610 W 6th St  PO Box 189, Starbuck MN  56381
  Website:  www.glacialhills.org
  Services Offered: Preschool-6th grade & After School Program

Hancock Public School District 768 ........................................................................... 320-392-5621
  371 Hancock Ave, Hancock MN  56244
  Website:  www.hancock.k12.mn.us  Fax: 320-392-5156
  Services Offered: Preschool-12th grade, ECFE & Community Education

Henning Public School District 545 ............................................................................ 218-583-2927
  500 School Ave, Henning MN  56551
  Website:  www.henning.k12.mn.us  Fax: 218-583-2312
  Services Offered: Preschool-12th grade, ECFE, ECSE & Community Education

Herman-Norcross Community School District 264 ................................................... 320-677-2291
  504 Lois Ave N, Herman MN  56248
  Website:  www.hncs.k12.mn.us  Fax: 320-677-2412
  Services Offered: Preschool-12th grade & ECFE

Menahga Public School District 821 ........................................................................... 218-564-4141
  216 Aspen Ave SE, PO Box 160, Menahga MN  56464
  Website:  www.menahga.k12.mn.us  Fax: 218-564-5401
  Services Offered: Preschool-12th grade & Community Education
Minnewaska Area Public School District 2149 ........................................................... 320-239-4820
25122 State Hwy 28, Glenwood MN  56334
Website:  www.minnewaska.k12.mn.us    Fax:  320-239-1360
Services Offered:
Community Education ...................... 320-239-1305
School Age Childcare ........................ 320-239-1305
ECFE & Preschool............................ 320-634-5467
ECSE .............................................. 320-239-1403
W.I.N. (What I Need) Academy........... 320-239-2257

Schools located within District 2149:

<table>
<thead>
<tr>
<th>School Name</th>
<th>Grade</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minnewaska Area Elementary</td>
<td>Pre-K</td>
<td>409 4th St. SE, Glenwood</td>
<td>320-634-4567</td>
</tr>
<tr>
<td>Minnewaska Area Middle School</td>
<td>4-8</td>
<td>25122 St. Hwy 28, Glenwood</td>
<td>320-239-1320</td>
</tr>
<tr>
<td>Minnewaska Area High School</td>
<td>9-12</td>
<td>25122 St. Hwy 28, Glenwood</td>
<td>320-239-4800</td>
</tr>
<tr>
<td>Minnewaska Schools-Starbuck</td>
<td></td>
<td>500 John St., PO Box 10, Starbuck</td>
<td>320-239-2257</td>
</tr>
</tbody>
</table>

Morris Area Public School District 2769 .......... 320-589-4840
201 S. Columbia Ave, Morris MN  56267
Website:  www.morris.k12.mn.us    Fax:  320-585-2208
Services Offered: Preschool-12th grade, School Age Childcare, ECFE, ECSE, Summer Rec & Community Ed

Schools located within District 769:

<table>
<thead>
<tr>
<th>School Name</th>
<th>Grade</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morris Area Elementary</td>
<td>Pre-K</td>
<td>151 S. Columbia Ave, Morris</td>
<td>320-589-1250</td>
</tr>
<tr>
<td>Morris Area High School</td>
<td>7-12</td>
<td>201 S. Columbia Ave, Morris</td>
<td>320-589-4400</td>
</tr>
</tbody>
</table>

New York Mills Public School District 553 .......... 218-385-2553
209 Hayes Ave, New York Mills MN  56567
Website:  www.nymills.k12.mn.us    Fax:  218-385-2551
Services Offered: Preschool-12th grade, School Age Childcare, ECFE, ECSE & Community Education

Osakis Public School District 213 ................. 320-859-2191
PO Box X, 500 1st Ave E, Osakis MN  56360
Website:  www.osakis.k12.mn.us    Fax:  320-859-2835
Services Offered: Preschool-12th grade, School Age Childcare & ECSE

Parkers Prairie Public School District 547 ....... 218-338-6011
411 S. Otter Ave, PO Box 46, Parkers Prairie MN  56361
Website:  www.isd547.com    Fax:  218-338-4077
Services Offered: Preschool-12th grade, School Age Childcare & ECSE

Schools located within District 547:

<table>
<thead>
<tr>
<th>School Name</th>
<th>Grade</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parkers Prairie Elementary School</td>
<td>Pre-K</td>
<td>518 S. McConnell Ave, Parkers Prairie</td>
<td>218-338-4079</td>
</tr>
<tr>
<td>Parkers Prairie High School</td>
<td>7-12</td>
<td>411 S. Otter Ave, Parkers Prairie</td>
<td>218-338-6011</td>
</tr>
</tbody>
</table>

Pelican Rapids Public School District 548 ......... 218-863-5910
310 S. Broadway, PO Box 642, Pelican Rapids MN  56572
Website:  www.pelicanrapids.k12.mn.us    Fax:  218-863-5915
Services Offered: Preschool-12th grade, ECFE, ECSE, School Age Childcare & Community Education

Schools located within District 548:

<table>
<thead>
<tr>
<th>School Name</th>
<th>Grade</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Viking Elementary School</td>
<td>K-6</td>
<td>1 Viking Dr., Pelican Rapids</td>
<td>218-863-5910</td>
</tr>
<tr>
<td>Pelican Rapids High School</td>
<td>7-12</td>
<td>310 S. Broadway, Pelican Rapids</td>
<td>218-863-5910</td>
</tr>
</tbody>
</table>
Perham-Dent Public School District 549 ................................................................. 218-346-4501
200 5th St SE, Perham MN 56573
Website: perhamschools.org Fax: 218-346-4506
Services Offered: Preschool-12th grade, ECFE, ECSE, Area Learning Center & Community Education

Schools located within District 549:

<table>
<thead>
<tr>
<th>School</th>
<th>Grades</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart of the Lakes Elementary</td>
<td>Pre-K-6</td>
<td>810 2nd Ave SW, Perham</td>
<td>218-346-5437</td>
</tr>
<tr>
<td>Prairie Wind Middle School</td>
<td>7-9</td>
<td>480 Coney St W., Perham</td>
<td>218-346-1700</td>
</tr>
<tr>
<td>Perham High School</td>
<td>10-12</td>
<td>800 Coney St W., Perham</td>
<td>218-346-6500</td>
</tr>
</tbody>
</table>

Rothsay Public School District 850.................................................................. 218-867-2116
2040 Co Rd 52, Rothsay MN 56579
Website: www.rothsay.k12.mn.us Fax: 218-867-2376
Services Offered: Preschool-12th grade, Child Care, ECFE, ECSE & Community Education

Sebeka Public School District 820 ...................................................................... 218-837-5101
200 1st St NW, PO Box 249, Sebeka MN 56477
Website: www.sebeka.k12.mn.us
Services Offered: Grades Preschool-12th grade, ECFE, ECSE & Community Education

Verndale Public School District 818 .................................................................. 218-445-5184
411 SW Brown St, Verndale MN 56481
Website: www.verndaleschool.org Fax: 218-445-5185
Services Offered: Preschool-12th grade, ECFE, ECSE, After School Program & Community Education

Underwood Public School District 550 .................................................................. 218-826-6101
100 Southern Ave E, Underwood MN 56586
Website: www.underwood.k12.mn.us Fax: 218-826-6310
Services Offered: Preschool-12th grade, ECFE, ECSE & Community Education

Wadena-Deer Creek School District 2155 .............................................................. 218-632-2155
600 Colfax Ave SW, Wadena MN 56482
Website: www.wdc2155.k12.mn.us Fax: 218-632-2399
Services Offered:
Preschool ........................................ 218-632-2390
ECFE ............................................... 218-632-2364
ECSE .............................................. 218-632-2398
Community Education ...................... 218-632-2396

Schools located within District 2155:

<table>
<thead>
<tr>
<th>School</th>
<th>Grades</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>WDC Elementary School</td>
<td>Pre-K-4</td>
<td>215 Colfax Ave SW</td>
<td>218-632-2400</td>
</tr>
<tr>
<td>WDC Middle/High School</td>
<td>5-12</td>
<td>600 Colfax Ave SW</td>
<td>320-632-2300</td>
</tr>
</tbody>
</table>

West Central Area School District 2342 .......................................................... 320-528-7300
301 Co Rd 2, Barrett MN 56311
Website: www.isd2342.org Fax: 320-528-2609
Services Offered: Preschool-12th grade, ECFE, ECSE, School Age Child Care & Community Education

Schools located within District 2342:

<table>
<thead>
<tr>
<th>School</th>
<th>Grades</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>West Central Area North</td>
<td>Pre K-4</td>
<td>411 1st St SE, Elbow Lake</td>
<td>218-685-7500</td>
</tr>
<tr>
<td>West Central Area South</td>
<td>Pre K-4</td>
<td>31 N Central Ave, Kensington</td>
<td>320-965-7600</td>
</tr>
<tr>
<td>West Central Area High School</td>
<td>5-12</td>
<td>301 Co Rd 2, Barrett</td>
<td>320-528-7300</td>
</tr>
</tbody>
</table>
Wheaton Public School District 803 ........................................................................ 320-563-8282
1700 3rd Ave S, Wheaton MN  56296
Website:  www.wheaton.k12.mn.us
Services Offered: Preschool-12th grade, School Age Child Care, ECFE & Community Education

<table>
<thead>
<tr>
<th>Schools located within District 803:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pearson Elementary School  Pre-K-5  710 4th Ave N, Wheaton  320-563-8191</td>
</tr>
<tr>
<td>Wheaton High School  6-12  1700 3rd Ave S, Wheaton  320-563-8282</td>
</tr>
</tbody>
</table>

UNIVERSITY OF MINNESOTA EXTENSION ........................................................................ extension.umn.edu

Douglas County...................................................................................................... 320-762-3890
Grant County ........................................................................................................ 218-685-8321
Otter Tail County East ...................................................................................... 218-385-5420
Otter Tail County West ...................................................................................... 218-998-8760
Pope County ....................................................................................................... 320-634-7734
Stevens County ................................................................................................. 320-208-6575
Traverse County ................................................................................................. 320-422-7729
Wadena County ................................................................................................. 218-631-7623

Extension educators deliver free information and educational materials and programs based on concerns and issues in the specific county/area. Help with food budgeting and healthier eating for families also available.
EMERGENCY RESOURCES

AMERICAN RED CROSS .............................................................. redcross.org
  Douglas, Grant, Pope, Stevens & Traverse Counties ............... 320-251-7641
  Otter Tail County .............................................................. 701-364-1800
  Wadena County .............................................................. 218-722-0071
Provides emergency services to families such as feeding, shelter, guidance or counseling.

HEATSHARE STATEWIDE LINE ................................................. 800-842-7279
  HeatShare is a Salvation Army program that provides emergency utility assistance for
  people with no place left to turn.

HOLIDAY RESOURCES:
Various resources such as: Angel Tree, Empty Stocking Fund, Jingle Bells, Toys for Tots, etc. may be available
in your community during the Holiday Season (typically October through December) to help those that are
having a hard time making ends meet. If you find you need these services, call your local Social Service
Agency to see what is available in your area or talk to your Head Start or Early Head Start Teacher.

PARENT SUPPORT OUTREACH PROJECT ....................... Call your local Social Service Agency
  Families struggling with parenting issues may receive short-term help with their specific needs, such as
  housing, transportation, parent education, child development activities, child care or other services.

POISON CONTROL CENTER .................................................. 800-222-1222
  Website: poison.org

SAFE FAMILIES FOR CHILDREN ........................................ 218-671-3224
  Website: safefamiliesmn.org
  The three objectives of Safe Families for Children are: Keep children safe during a family crisis such as
  homelessness, hospitalization, or domestic violence in an effort to prevent child abuse and/or neglect, Support
  and stabilize families in crisis by surrounding them with caring, compassionate community and Reunite families
  and reduce the number of children entering the child welfare system. We seek to be an alternative to foster
  care, where appropriate.

SALVATION ARMY: .......................................................... centralusa.salvationarmy.org/northern
  Douglas County ............................................................. 320-241-1273
  Grant County ............................................................... 218-685-8200
  Otter Tail County .......................................................... 218-739-9692
  Pope County ................................................................. 320-241-1273
  Stevens County ............................................................. 320-589-2329
  Traverse County ........................................................... 651-746-3407
  Wadena County ............................................................ 218-632-3600
Provides assistance to individuals and families to overcome daunting obstacles, such as disaster services,
emergency financial assistance, emergency shelter, youth camping activities and other adult services.
SOMEPLACE SAFE (24-hour crisis line) ......................................................................................... 800-974-3359
Website: someplacesafe.info

Douglas County .......................................................................................................................... 320-762-1995
700 Cedar St, Suite 268, Alexandria MN  56308
WCMCA PLUS Kids Parenting Time Center:  320-762-4100

Grant County ............................................................................................................................ 218-685-4203
32 Central Ave, Suite 6, Elbow Lake MN  56531

Otter Tail County Fergus Falls Office ....................................................................................... 218-739-2853
106 S Union Ave, Fergus Falls MN  56538
Parenting Time Center:  218-739-3132

Otter Tail County Perham Office ............................................................................................ 218-346-7276
155 5th St NE, Perham MN  56573
Parenting Time Center:  218-298-1501

Pope County ............................................................................................................................ 320-634-3483
625 Lakeshore Dr Suite B140, Glenwood MN  56334
Parenting Time Center:  320-424-2301

Stevens County ........................................................................................................................ 320-589-3208
206 Atlantic Ave, Morris MN  56267
Parenting Time Center:  218-503-2143

Traverse County ....................................................................................................................... 320-563-4121
1112 1st Ave N, Wheaton MN  56296

Wadena County ......................................................................................................................... 218-631-3311
11 Bryant Ave SW, Wadena MN  56482

Confidential advocacy services free of charge to victims, survivors and families of domestic violence, sexual assault and general crimes. Parenting Time Centers are designed to assure that children can have safe and conflict-free access to parents through a variety of services delivered by trained providers.

SOMEPLACE SAFE TRAFFICKING/EXPLOITATION/SAFE HARBOR ............................. 800-974-3359
Someplace Safe’s Safe Harbor programming supports at-risk, sexuallyexploited and trafficked youth age 24 and under. They will be treated with dignity and respect, directed to supportive services, shelter and housing that meet their needs and recognize their right to make their own choices.
EMPLOYMENT RESOURCES

CAREER FORCE ........................................................................................................ 888-438-5627
Website: careerforcemn.com
Alexandria ................................................................. 320-762-7800
303 22nd Ave W, Suite 107, Alexandria MN  56308
Fergus Falls ............................................................... 218-739-7560
1414 College Way Suite L180, Fergus Falls MN  56537
Wadena ................................................................. 218-631-7660
124 1st St SE, Suite 2, Wadena MN  56482
Resume and cover letter writing assistance, job search assistance and various workshops available.

DOHERTY STAFFING SOLUTIONS ............................................................................
doherty.com
Alexandria ............................................................................. 320-763-3121
315 Nokomis St, Suite 102, Alexandria MN  56308
Fergus Falls ........................................................................ 218-531-2040
112 S Court St, Fergus Falls MN  56537
Perham ....................................................................... 218-346-7749
155 2nd St SW, Suite A, Perham MN  56573
Offers full-service direct or contract placement staffing solutions.

INTERNET RESOURCES FOR JOB SEEKERS:
careeronestop.org  careerwise.minnstate.edu  indeed.com
minnesotaworks.net  careerbuilder.com  monster.com
simplyhired.com  linkup.com  glassdoor.com
flexjobs.com  getwork.com  angel.co

MANPOWER, INC ........................................................................................................
manpower.com
Alexandria ............................................................................. 320-763-9899
507 N Nokomis St, Suite E, Alexandria MN  56308
Permanent, temporary, and temporary to permanent employment opportunities as well as help with career planning, and resume writing and interview preparation.

PEOPLE READY ........................................................................................................
peopleready.com
Alexandria ............................................................................. 320-762-2001
507 22nd Ave E, Unit 5, Alexandria MN  56308
Perham ....................................................................... 218-210-9675
330 W Main St, Unit C, Perham MN  56573
Experienced in developing customized programs for long and short term, seasonal and direct hire placement.
FAMILY SERVICES RESOURCES

ADULT BASIC EDUCATION ........................................................................................................... 800-222-1990
Visit the Minnesota Literacy Council Website: www.mnliteracy.org/hotline to find your local office.
Services: Help for persons 16 years or older with high school completion (diploma or GED), English as a second language (ESL), basic reading, writing, and math. Also provides help with functional literacy skills, family literacy, workforce preparation and citizenship. All services are provided free of charge.

ALANON & ALATEEN ........................................................................................................... 888-425-2666
Minnesota Meeting Locator: ............................................................ al-anon.org
Al-Anon family groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to cope with the challenges of someone else’s drinking. Alateen is a fellowship of young people who have been affected by someone else’s drinking.

ALCOHOLICS ANONYMOUS (AA) ..................................................................................... 866-423-2969
Minnesota Meeting Locator: aaminnesota.org or area35.org
Alcoholics Anonymous is a fellowship of men and women who help each other to stay sober. They offer help to anyone who has a drinking problem and wants to do something about it.

BEYOND THE YELLOW RIBBON ..................................................................................... 888-282-4858
mnbtyr.ng.mil
Beyond the Yellow Ribbon is a comprehensive program that creates awareness for the purpose of connecting Service members and their families with community support, training, services and resources.

BRIDGE TO BENEFITS ........................................................................................................... bridgetobenefits.org
This tool allows families to determine their eligibility for a wide range of services, including health care, child care, tax credits, food support, energy assistance, etc.

COUNTY WEB SITES:
Douglas County ................................................................. co.douglas.mn.us
Grant County ................................................................. co.grant.mn.us
Otter Tail County .......................................................... co.ottertail.mn.us
Pope County ................................................................. co.pope.mn.us
Stevens County ............................................................. co.stevens.mn.us
Traverse County ............................................................ co.traverse.mn.us
Wadena County ............................................................. co.wadena.mn.us

FORGOTTEN CHILDREN’S FUND ........................................................................ Contact your local Social Service Agency
The Forgotten Children’s Fund is a one-time reimbursement that foster parents or other children services providers may ask for to purchase needed items, up to $300 per child may be requested.

GRANT COUNTY CHILD AND YOUTH COUNCIL ......................................................... 218-685-4587
411 1st St SE, Elbow Lake MN 56531
The overall purpose of the council is to bring people, agencies and organizations together to better support the children, teens and families in the Ashby, Herman-Norcross and West Central Area school districts.

HELP ME CONNECT ............................................................................................................ helpmeconnect.web.health.state.mn.us
Help Me Connect is an online navigator tool the connects pregnant and parenting families with young children to services in their local communities that support healthy child development and family well-being.
HELP ME GROW .......................................................................................................... 866-693-4769
Website: helpmegrowmn.org
Provides resources on child development and referrals for children with developmental concerns may be made through this website.

INTERNAL REVENUE SERVICE (IRS) .......................................................................... 800-829-1040
Website: irs.gov

LAKES AREA RECREATION .......................................................................................... 320-762-2868
720 Fillmore St, Suite B020, Alexandria MN  56308 Website: lakesarearec.activityreg.com
Variety of services, classes and recreational activities available.

LEE COMMUNITY CENTER .......................................................................................... 320-589-4585
101 Co Rd 22, Morris MN  56267
Website: mbastorm.com Email: morrishockeyassoc@gmail.com
The Lee Community Center is available for a variety of services such as open skating, broom ball, rollerblading, and space available for shows, meetings, birthday parties, etc. A walking track is available year-round.

LEGAL SERVICES OF NORTHWEST MINNESOTA ......................................................... 320-762-0663
426 Broadway, Alexandria MN  56308 Website: lsnmlaw.org
Provides civil legal services without charge to low-income people and senior citizens. Our first goal is to help protect children living in violent households. When you apply, you will be asked for information on the income and assets of your household. Most applications will take less than 5 minutes.

LIFE CONNECTIONS ................................................................................................... 320-762-1224
1114 Broadway St, Suite 5, Alexandria MN  56308 Website: lifeconnectionsmn.org
Offers a wide range of free services for families in need including parenting education, life coaching, maternity and baby clothing and supplies, diapering supplies, community referrals, pregnancy testing and more. Also offers Red Cross First Aid/CPR/AED certification for a small fee. No income or residency requirements.

LOVE INC OF DOUGLAS COUNTY ........................................................................... 320-759-3022
44 Glenn Rd NW, Alexandria MN  56308 Website: loveincdouglas.org
Hours: Mon, Wed, Fri 9:30 am-Noon, Tues & Thurs 9:30 am-2:30 pm
Assists with meeting needs such as clothing, personal hygiene, shoes, school supplies, Christmas gifts, and furniture/household items; as well as life skills training & other resources for residents of Douglas County.

MINNESOTA BETTER BUSINESS BUREAU .................................................................. 651-699-1111
Website: bbb.org/minnesota
Provides essential consumer services to empower buyers to use BBB to find a trustworthy business, resolve a dispute or report a scam.

MINNESOTA CHILD SUPPORT ONLINE ..................................................................... .childsupport.dhs.state.mn.us
This online site provides information about the child support program, options for making child support payments, general case information and financial history.

MINNESOTA HELP INFO ............................................................................................. 800-333-2433
Website: minnesotahelp.info
Online directory of services designed to help people in Minnesota find human services, information and referral, financial assistance and other forms of help.
NARCOTICS ANONYMOUS (NA) ................................................................. 877-767-7676
Minnesota Meeting Locator: ......................................................... naminnnesota.org
NA is a nonprofit Fellowship or society of men and women for whom drugs have become a major problem and who now meet regularly to help each other stay clean.

PELICAN RAPIDS CITY POOL .......................................................... 218-863-5641
Sherin Park, Hwy 108 E, Pelican Rapids MN  56572
Website: pelicanrapids.com
Swimming lessons, Pre-K and parent & child aquatics offered as well as water aerobics and open swim.

POPE COUNTY FAMILY COLLABORATIVE ........................................... 320-634-3909
131 Minnesota Ave E, Glenwood MN  56334  Email: famcolab@charter.net
Families and children will be supported by matching outreach services using the wraparound process.

PUBLIC LIBRARIES ........................................................................ viking.lib.mn.us
Browns Valley Public Library ...................................................... 320-695-2318
Douglas County Public Library .................................................... 320-762-3014
Elbow Lake Thorson Memorial Library ....................................... 218-685-6850
Fergus Falls Public Library ......................................................... 218-739-9387
Glenwood Public Library ........................................................... 320-634-3375
Hancock Community Library ..................................................... 320-392-5666
Morris Public Library .............................................................. 320-589-1634
Pelican Rapids Public Library .................................................... 218-863-7055
Perham Area Public Library ....................................................... 218-346-4892
Wheaton Community Library .................................................... 320-563-8487

QUITPLAN .............................................................................................. 888-354-7526
Website: quitplan.com
Free support that provides tools & services to help smokers quit nicotine including smoking, vaping & chewing.

REGIONAL FITNESS CENTER .......................................................... 320-589-6485
626 E 2nd St, Morris MN  56267  Website: regionalfitnesscenter.com

SENIOR LINKAGE LINE ................................................................. 800-333-2433
Website: seniorlinkageline.com
The Senior LinkAge® is a free service offered by the State of Minnesota which makes it easy for older adults and their families to find community services or plan for their future.

SHENANIGANS INDOOR PLAYGROUND ........................................ 320-762-3310 x4242
Website: alexschools.org/domain/900
Shenanigans offers a series of parent/child activities devoted to the physical, emotional and social development of youth in a fun, safe play area.

SOCIAL SECURITY ADMINISTRATION ........................................... 800-772-1213
Website: ssa.gov
Assistance with social security benefits, retirement, Medicare enrollment and social security cards.
FAMILY/HUMAN/SOCIAL SERVICE AGENCIES:
Douglas County Social Services................................. 320-762-2302
Western Prairie (Grant County) Human Services ........... 218-685-8200
Otter Tail County Human Services-Fergus Falls .......... 218-998-8230
Otter Tail County Human Services-New York Mills ........ 218-385-5450
Western Prairie (Pope County) Human Services .......... 320-634-7755
Stevens County Human Services................................. 320-208-6600
Traverse County Family Services.................................. 320-422-7777
Wadena County Human Services .................................. 218-631-7605

TAXPAYER RIGHTS ADVOCATE................................................................. 651-312-7999
Website: irs.gov/advocate
Represents the interests and promotes the rights of taxpayers who have a legitimate complaint with the
Department of Revenue.

UNITED WAY
DOUGLAS & POPE COUNTIES................................................................. 320-834-7800
503 Hawthorne St, Alexandria MN  56308   Website: uwdp.org
OTTER TAIL & WADENA COUNTIES.................................................. 218-736-5147
120 E Washington Ave, Fergus Falls MN  56537   Website: uwotw.org
PERHAM SATELLITE OFFICE................................................................. 218-770-9406
United Way offers many programs to help families create long lasting changes that prevent problems from
happening in the first place.

UNITED WAY 211 ................................................................................. 211
Website: 211unitedway.org
United Way 211 is a free a confidential over-the-phone service where people can call to find community
resources that can help them, their family, neighbors and friends.

WEST CENTRAL INITIATIVE................................................................. 218-739-2239
1000 Western Ave, Fergus Falls MN  56538   Website: wcif.org
Provides resources to help families and communities in West Central Minnesota thrive.

YMCA................................................................................................. ymca.org
Alexandria................................................................. 320-834-9622
110 Karl Dr NW, Alexandria MN  56308
Website: alexandriaymca.com
Fergus Falls................................................................. 218-739-4489
1164 N Friberg Ave, Fergus Falls MN  56537
Website: fergusfallsymca.org
Amenities included in a YMCA membership include group exercise classes, child watch, swimming pool,
gymnasium and state of the art cardio and strength equipment.
FINANCIAL FITNESS RESOURCES

Annual Free Credit Report: Receive a free annual credit report from each of the three main credit bureaus at www.annualcreditreport.com.

The Family Assets for Independence in Minnesota program is offered through West Central MN Communities Action, Inc. FAIM is a matched savings project that assists households to build assets by helping people change spending and savings behaviors, including consumer debt reduction. Please call 800-492-4805 for more information.

For information on the financial counseling programs and debt management offered through Lutheran Social Services, visit their website at lssmn.org/financialcounseling or call 1-888-577-2227.

Check with your local University of Minnesota Extension Office or visit their website at extension.umn.edu/home-and-financial-management#personal for financial information including budgeting assistance programs in your area.

Visit The Village Financial Resource Center website at moneyhelp.thevillagefamily.org to see financial resources available or to schedule an appointment with a financial counselor, call 1-800-450-4019.
FOOD RESOURCES

BOUNTFUL BASKETS................................................................. bountifulbaskets.org
Bountiful Baskets is a not-for-profit food co-op for families that want to have more fresh produce for less money. In order to participate, you must set up a free account on the website. Once you set-up your account, you pay your contribution fee ($15-25 depending on which basket you want) and choose a location to pick up your basket.

FARMERS MARKETS:
Looking for locally grown produce and foods for your family to enjoy? Check out the Farmer’s Markets in your area! Please check to see if your local Farmer’s Markets accept your EBT card.

minnesotagrown.com          localharvest.org

FOOD DISTRIBUTIONS:
Food Distributions are held monthly at various locations as funding allows. The only qualification for these distributions is that you eat. You are asked to bring your own bags, boxes, or baskets.

Ruby’s Pop-up Pantry.......................... rubyspantry.org
United Way Mobile Food Drops......................... 320-834-7800

FOOD PANTRIES................................................................. foodpantries.org
Listing of local food pantries, soup kitchens, food shelves, food banks and other food resources.

FOOD SHELVES............................................................. hungersolutions.org/find-help
Hunger Solutions connects hungry residents with resources to put food on the table today while also helping to find long-term solutions to hunger. Website has find help map to quickly find resources in your area.

WOMEN, INFANTS & CHILDREN (WIC).............................................. health.state.mn.us/wic
Douglas County.................................................. 320-763-7805
Grant County .......................................................... 218-685-8295
Otter Tail County..................................................... 218-998-8324
Pope County ............................................................ 320-634-7822
Stevens County ..................................................... 320-208-6670
Traverse County ..................................................... 320-422-4807
Wadena County ..................................................... 218-631-7629

The WIC Program is a nutrition and breastfeeding program that helps eligible pregnant women, new mothers, babies and young children eat well, learn about nutrition, and stay healthy through nutrition education and foods. Some of the foods available through the WIC program include: Fresh or frozen fruit and vegetables, baby formula and food, milk, pasta, cereal, yogurt, cheese, eggs, peanut butter and much more.
HOUSING RESOURCES

HABITAT FOR HUMANITY ................................................................. habitat.org

Douglas County ........................................................................ 320-762-4255
Website: hfhdouglascounty.org

Alexandria Habitat for Humanity Restore ..................320-759-1989
1211 N Nokomis NE, Alexandria MN  56308

Pope County ................................................................. 320-634-0355
Habitat for Humanity of Prairie Lakes, Inc.
Website: habitatprairielakes.org

Otter Tail County ................................................................. 218-736-2905
Website: ffhabitat.org

Stevens County ................................................................. 320-589-4451
Habitat for Humanity of Prairie Lakes, Inc.
Website: habitatprairielakes.org

Habitat for Humanity is a nonprofit organization that helps families build and improve places to call home.

Habitat for Humanity ReStores are retail outlets where quality used, and surplus building materials are sold at a fraction of normal prices. Check out websites to locate the ReStore closest to you.

HOME LINE ................................................................................. 866-866-3546
Website: homelinemn.org

HOME Line offers free legal advice to Minnesota tenants on our hotline service. You can also directly communicate with experienced housing attorneys via email and responses are usually given within one business day, and we can often direct you to online resources such as forms and cases relevant to your issue.

HOUSING AND REDEVELOPMENT AUTHORITY (HRA):

Douglas County ................................................................. 320-762-3849
Website: douglascountyhra.org

Grant County ................................................................. 218-685-8240
Website: co.grant.mn.us/236/Housing

Otter Tail County ................................................................. 218-739-3249
Website: fergusfallshra.com

Pope County ................................................................. 320-634-7847
Website: popecountyhra.com

Stevens County ................................................................. 320-208-6559
Website: stevenscountyhra.com

Wadena County ................................................................. 218-631-7723
Website: wadenahousing.org

Section 8 rental assistance program and HUD low-income public housing. May also offer home rehabilitation programs. Call your local HRA to see what housing services are available for you.
LANDLORDS & TENANTS: RIGHTS AND RESPONSIBILITIES HANDBOOK:

Website:  ag.state.mn.us/consumer/Handbooks/LT

Certain rights and duties apply to landlords and tenants everywhere in Minnesota. This handbook attempts to explain those rights. This booklet should not be considered legal advice to use in resolving specific landlord-tenant problems or questions. It is a summary of the laws that govern the landlord-tenant relationship.

RURAL DEVELOPMENT ................................................................. 320-763-3191

900 Robert St NE, Suite 103, Alexandria MN  56308
Website: rd.usda.gov/mn

Low-income families in greater Minnesota may obtain low interest rate loans and grants for repairs and home improvements. Affordable home loans are also available for low-income families. Affordable rental housing is available for low-income families.

TELEPHONE/CELL PHONE DISCOUNTS:

LIFELINE PROGRAM ............................................................................................... 855-455-8477

assurancewireless.com
lifewireless.com
safelinkwireless.com

Provides qualified users a discount on monthly charges for the primary phone line, and some plans offer free cell phones with limited free talk and text. Each household can only have one Lifeline phone – either wireless or landline. The Telephone Assistance Plan (TAP) program provides an additional monthly credit for LifeLine subscribers. If you want a discount on your landline, contact your local telephone company.

LINK-UP MINNESOTA .................................................. Contact your local telephone company

Pays up to 50% of home phone installation/connection charges. Also provides for deferred payment of your share of connection charges without interest. Does not apply to cell phones.
LEGISLATIVE RESOURCES

Below is a list of representation in our 7 County area.
To get an exact listing of legislators representing you by your address go to:

Who Represents Me?

MINNESOTA CONGRESSIONAL REPRESENTATION IN WASHINGTON, D.C.:
- Senator Amy Klobuchar ............................................................... 202-224-3244
- Senator Tina Smith ..................................................................... 202-224-5641
- Congresswoman Michelle Fischbach ............................................. 202-225-2165
- Congressman Pete Stauber ......................................................... 202-225-6211

MINNESOTA LEGISLATIVE RESOURCES:
- Governor Tim Walz ..................................................................... 800-657-3717
  mn.gov/governor
- Lieutenant Governor Peggy Flanagan ........................................... 800-657-3717
  mn.gov/governor
- Attorney General Keith Ellison ..................................................... 800-657-3787
  ag.state.mn.us

MINNESOTA SENATE: ........................................................................ senate.mn

MINNESOTA HOUSE OF REPRESENTATIVES: .......................................................... house.mn.gov
MEDICAL RESOURCES

**Douglas County Medical Clinics:**
Alexandria Clinic .......................................................................................... 320-763-5123 or 800-646-4220
610 30th Ave W, Alexandria MN  56308 Website:  alomerehealth.com Fax: 320-763-7883

Broadway Sanford Health ............................................................................... 320-762-0399
1527 Broadway, Alexandria MN  56308 Website: sanfordhealth.org Fax: 320-762-6828

Evansville Prairie Ridge Health .................................................................. 218-948-2040
649 ½ State St, Evansville MN  56326 Website:  prairiehealth.org

Midway Medical Center ............................................................................... 320-763-6452
119 30th Ave W, Alexandria MN  56308

Osakis Medical Clinic .............................................................................. 320-859-3038 or 800-989-3038
811 3rd Ave E, Osakis MN  56360 Website:  alomerehealth.com Fax: 320-859-4942

**Grant County Medical Clinics:**
Ashby Lake Region Healthcare .................................................................. 218-747-2293
110 Co Rd 82, Ashby MN 56309 Website:  lrhc.org

Elbow Lake Prairie Ridge Health ................................................................. 218-685-7300
1411 Hwy 79 E, Elbow Lake MN 56531 Website:  prairiehealth.org

Herman Coteau des Prairies...................................................................... 320-677-2220
204 5th St E, Herman MN  56248 Website:  cdphealth.com

Herman Prairie Ridge Health ...................................................................... 320-677-2221
204 5th St E, Herman MN  56248 Website:  prairiehealth.org

Hoffman Prairie Ridge Health ................................................................... 320-986-2038
114 Main Ave, Hoffman MN  56339 Website:  prairiehealth.org

**Otter Tail County Medical Clinics:**
Battle Lake-Lake Region Healthcare ......................................................... 218-864-5283 or 888-314-5283
410 Lake Ave S, Battle Lake MN 56515 Website:  lrhc.org

Fergus Falls Lake Region Healthcare......................................................... 218-739-2221 or 800-247-1066
111 W Vernon Ave, Fergus Falls MN  56537 Website:  lrhc.org
Walk-In Clinic: 218-739-6800  2311 W Lincoln Ave, Fergus Falls MN 56537

Henning Tri-County Health Care .............................................................. 218-583-2953
401 Douglas Ave, Henning MN  56551 Website:  tchc.org

Ottertail Sanford Health ........................................................................... 218-367-6111
105 Otter Dr, Ottertail MN  56571 Website:  sanfordhealth.org Fax: 218-367-6110

Ottertail Tri-County Health Care ............................................................. 218-367-6262
232 MN Hwy 78 N, Ottertail MN  56571 Website:  tchc.org
Parkers Prairie Sanford Health ................................................................. 218-338-4371
115 E Soo St, Parkers Prairie MN 56361 Website: sanfordhealth.org Fax: 218-338-4016

Pelican Rapids St. Mary’s Essentia Health ............................................. 218-863-2000
301 N Broadway, Pelican Rapids MN 56572 Website: essentiahealth.org

Pelican Rapids Sanford Health .............................................................. 218-863-6100
211 E Mill St, Pelican Rapids MN 56572 Website: sanfordhealth.org Fax: 218-863-6173

Perham Sanford Health ........................................................................... 218-347-1200
1000 Coney St W, Perham MN 56573 Website: sanfordhealth.org Fax: 218-347-1290

**Pope County Medical Clinics:**
Glenwood Glacial Ridge Health .............................................................. 320-634-5157
417 S Franklin St, Glenwood MN 56334 Website: glacialridge.org Fax: 320-634-2244

Starbuck SCMC ...................................................................................... 320-239-3939
501 Poler St, Starbuck MN 56381 Website: scmcinc.org Fax: 320-239-2802

Starbuck Glacial Ridge Health .............................................................. 320-239-2200
707 E 7th St, Starbuck MN 56381 Website: glacialridge.org

**Stevens County Medical Clinics:**
Morris Prairie Ridge Health ................................................................. 320-589-4008
24 E 7th St, Morris MN 56267 Website: prairiehealth.org Fax: 320-589-4227

Stevens Community Medical Center .................................................... 320-589-1313
400 E 1st St, Morris MN 56267 Website: scmcinc.org Fax: 320-589-1065

**Traverse County Medical Clinics:**
Browns Valley Coteau des Prairies ....................................................... 320-695-2526
404 W Broadway, Browns Valley MN 56219 Website: cdphealth.com

Graceville Essentia Health ..................................................................... 320-748-7223
115 W 2nd St, Graceville MN 56240 Website: essentiahealth.org Fax: 320-748-8204

Wheaton Sanford .................................................................................. 320-563-8226
401 12th St N, Wheaton MN 56296 Website: sanfordhealth.org Fax: 320-563-8014

Woodrow Wilson Keeble Memorial Health Care Center ......................... 605-698-7606
100 Lake Traverse Dr, Sisseton SD 57262 Fax: 605-742-3882
**Wadena County Medical Clinics:**
Bertha Tri-County Health Care .................................................................................................................. 218-924-2250
214 1st St NW, Bertha MN 56437 Website: tchc.org Fax: 218-924-2257

Menahga Essentia Health ............................................................................................................................ 218-564-4131
212 Aspen Ave NE, Menahga MN 56464 Website: essentiahealth.org Fax: 218-564-5287

Sebeka Tri-County Health Care .................................................................................................................. 218-837-5333
106 Minnesota Ave, Sebeka MN 56477 Website: tchc.org

Verndale Tri-County Health Care .................................................................................................................. 218-445-5990
102 Farwell St S, Verndale MN 56481 Website: tchc.org

Wadena Tri-County Health Care .................................................................................................................... 218-631-3510
4 Deerwood Ave N, Wadena MN 56482 Website: tchc.org

**COMMUNITY UNCOMPENSATED CARE** ............................................................... Contact your local Hospital for details
Free or below-cost hospital care for individuals without health insurance.

**FAMILY HEALTHCARE** ................................................................................................. 701-271-3344
Website: famhelathcare.org
Affordable quality healthcare for every person. Family HealthCare (FHC) is a family-oriented primary care clinic that provides a wide variety of medical and dental services for patients in five different care locations and a mobile unit. We do not refuse care for any patient, regardless of ability to pay. Whether you have health insurance or not, we make sure you get the care you need.

**HEALTH RESOURCES CENTER** ............................................................................. 218-736-6050
Texting Number: 218-736-9366
126 E Lincoln Ave, Fergus Falls MN 56537
Website: hrcff.org Email: office@hrcff.org
Free and confidential services include: pregnancy tests, prenatal vitamins, first trimester ultrasound, STI testing and treatments, life coaching and the Earn While You Learn Program (participants earn credits to purchase gift cards and items in our baby boutique.) Education classes include: pregnancy, child birth prep, parenting, relationships, money management and much more.

**INFANT SEE** ................................................................................................................ 888-396-3937
Website: infantsee.org
InfantSEE® is a public health program designed to ensure that eye and vision care becomes an essential part of infant wellness care to improve a child’s quality of life. Participating optometrists provide a comprehensive infant eye assessment between 6 and 12 months of age as a no-cost public service.

**INVISION EYE CARE** ...................................................................................................... 218-736-5609
810 N Baird, Fergus Falls MN 56537 Website: ffvision.com
Services provided for nearly all aspects of vision care including vision therapy for learning difficulties, eye teaming dysfunctions, lazy eye, sports and much more.

**LIONS EYE HEALTH PROGRAM (LEHP)** ................................................................. lionsclubs.org
Sight programs and services including vision screenings and eyeglasses and provide eye care services to those at risk of losing their sight. Contact the president of your local Lions Club for your eye care request.
MNSURE ..................................................................................................................... 855-366-7873
Website: mnsure.org
MNsure is Minnesota’s health insurance marketplace where individuals, families and small businesses can shop, compare and choose health insurance coverage. It’s the only place to apply for financial help to lower the cost of your health care coverage.

MORRIS LIFE CARE PREGNANCY CENTER .................................................................. 320-589-0300
615 Atlantic Ave, Morris MN 56267  Website: optionsmorris.com
Free, confidential pregnancy testing and counseling, pregnancy and parenting classes, practical assistance and emotional support. Baby items are available at no cost.

PATIENT ADVOCATE FOUNDATION .......................................................................... 800-532-5274
Website: patientadvocate.org
PAF is a national non-profit organization that seeks to solve insurance and healthcare access problems.

PATIENT ADVOCATE FOUNDATION CO-PAY RELIEF ................................................... 866-512-3861
Website: copays.org
Provides direct financial support to insured patients, including Medicare D beneficiaries, who must financially and medically qualify to access prescription co-payment assistance for certain disorders or diseases.

PLANNED PARENTHOOD ............................................................................................ 320-762-0766
700 Cedar St, Alexandria MN 56308
Website: plannedparenthood.org  Fax: 320-762-8418
Pregnancy testing, HIV and STI testing, Pap-smears, emergency contraception and birth control. All services are confidential.

PUBLIC HEALTH:
Douglas County Horizon Public Health .......................................................................... 320-763-6018
809 Elm St Suite 1200, Alexandria MN 56308
Website: horizonpublichealth.org  Fax: 320-763-4127
Grant County Horizon Public Health ............................................................................. 320-763-6018
15 Central Ave N, Elbow Lake MN 56531
Website: horizonpublichealth.org  Fax: 888-209-2887
Pope County Horizon Public Health .............................................................................. 320-763-6018
211 E Minnesota Ave, Glenwood MN 56334
Website: horizonpublichealth.org  Fax: 320-634-0159
Otter Tail County Public Health .................................................................................... 218-998-8320
560 West Fir Ave, Fergus Falls MN 56537
Website: ottertailcountymn.us/department/public-health  Fax: 218-998-8352
Otter Tail County New York Mills Public Health .............................................................. 218-385-5500
118 N Main Ave, New York Mills MN 56567
Website: ottertailcountymn.us/department/public-health  Fax: 218-385-3852
Stevens County Horizon Public Health .......................................................................... 320-763-6018
10 E Hwy 28, Morris MN 56267
Website: horizonpublichealth.org  Fax: 320-589-7433
Traverse County Horizon Public Health ......................................................................... 320-763-6018
202 8th St N, Wheaton MN 56296
Website: horizonpublichealth.org  Fax: 320-563-0104

Wadena County Public Health
22 Dayton Ave SE, Wadena MN 56482
Website: co.wadena.mn.us/212/Public-Health  Fax: 218-631-7632

Services vary by county and may include: WIC, Immunizations, Child & Teen Check-ups, Early Childhood Screening, Childbirth and Breastfeeding classes and support center, family health home and clinic visits, prenatal, postpartum and on-going visits to support parenting, child growth and development. Fees on a free or sliding fee basis. No one refused based on inability to pay.
MENTAL HEALTH RESOURCES

BEHAVIORAL MEDICINE ................................................................. 320-589-7625
800-568-5955 (24 Hour Crisis Line)
Stevens Community Medical Center
400 E 1st St, Morris MN  56267
Website: scmcinc.org/service/behavioral-medicine   Fax:  320-589-7686
Outpatient mental health program, individual counseling, psychological testing, marriage counseling, and
psychiatrist services.  We do not turn people away because of financial issues.

BRIDGEWAY BEHAVIORAL HEALTHCARE SERVICES.......................... 218-736-8000
712 Cascade St S, Fergus Falls MN 56537
Website: lrhc.org/services-bridgeway-behavioral-health
Bridgeway Care Unit provides short term treatment for persons 14 years of age or older suffering from a
mental health disorder or problem.

COMMUNITY PARTNERS DROP-IN CENTER................................. 320-634-0888
125 East Minnesota Ave, Glenwood MN  56334
A multi-purpose facility where adults with mental illnesses may socialize and learn skills to manage their lives
in a safe, supportive environment.

CRISIS TEXT LINE ........................................................................ Text HOME to 741741
Minnesota’s suicide prevention and mental health crisis texting services are available 24 hours a day, 7 days a
week. Free support to connect you to local resources in your community.

LAKELAND MENTAL HEALTH CENTER ........................................................................ 800-223-4512
Website: imhc.org
Alexandria................................................................................. 320-762-2400
702 34th Ave E, Alexandria MN 56308

Detroit Lakes.................................................................................. 218-847-1676
928 8th St SE, Detroit Lakes MN 56501

Fergus Falls................................................................................... 218-736-6987
980 S Tower Rd, Fergus Falls MN 56537

Glenwood .................................................................................... 320-634-3446
14 6th Ave NW, Glenwood MN 56334

Parkers Prairie............................................................................. 218-736-6987
108 E Soo St, Parkers Prairie MN 56361

Perham.......................................................................................... 218-736-6987
300 West Main St, Perham MN 56573

Individual, group, marital, and family therapy, employee assistance, psychological and psychiatric evaluation,
medication management for children and adults and outreach services to children and their families.
LUTHERAN SOCIAL SERVICE OF MINNESOTA (LSS) ................................................... 800-582-5260
Website: lssmn.org
Alexandria ................................................................................. 320-762-5124
507 22nd Ave E, Suite 1, Alexandria MN 56308
Contact Email: jshaskey@lssmn.org Fax: 320-762-2422

Detroit Lakes ............................................................................. 218-847-0629
211 Holmes St W, Suite 302, Detroit Lakes MN 56501

Fergus Falls ............................................................................... 218-321-0390
731 Western Ave N, Fergus Falls MN 56537
Counseling, Employee Assistance Program, family based services, therapeutic foster care, person/social awareness program, dynamics of self, domestic abuse program, child/parent mediation, consultation workshops, chemical dependency, adoption, guardianship services, senior nutrition, supervised living services and refugee and immigration services. Costs may be covered by third-party reimbursement (i.e. MA, insurance, etc.) There is a sliding fee scale available to persons ineligible for third-party payment.

MINNEWASKA MENTAL HEALTH SERVICES ..................................................... 320-239-2257
500 John St., Starbuck MN 56381
minnewaska.k12.mn.us/win-academy Contact Email: kquade@isd2149.org
Children’s Therapeutic Services and Supports (CTSS), Day Treatment and Family Services. Provides direct care mental health services within the school setting to children and adolescents. Family and parenting skills training or therapy can also be provided to parents.

MOBILE MENTAL HEALTH CRISIS RESPONSE:
The Mobile Crisis Outreach team provides mental health crisis services around-the-clock, 365-days-a-year for children, adults and families. The crisis team’s mental health professionals and practitioners show up to directly help people at hospital emergency departments, homes, law enforcement facilities, and other settings with crisis intervention, assessment, and stabilization services.

Douglas, Grant, Pope, Stevens & Traverse......................... 701-364-0431
Otter Tail County ................................................................. 800-223-4512
Wadena County ................................................................. 800-462-5525

NORTHERN PINES MENTAL HEALTH CENTER ............................................. 320-639-2025
11 2nd St SW, Wadena MN 56482 Website: npmh.org
Provides a full range of mental health services to all ages.

PSYCHOLOGICAL ASSOCIATES OF ALEXANDRIA ......................................... 320-762-1762
324 Broadway, Suite 206, Alexandria MN 56308 Website: psychologicalassociates.net
Counseling and therapy services and psychological assessments to children, families & adults.
SOLUTIONS BEHAVIORAL HEALTHCARE PROFESSIONALS, INC

512 30th Ave E Suite 100, Alexandria MN 56308
1041 Hawk St, Detroit Lakes MN 56501
125 W Lincoln Ave Suite 3, Fergus Falls MN 56537

solutionsinpractice.org
320-762-5411
218-844-6853
218-998-2992

Provides intensive behavioral intervention services for children and adults with behavioral disturbances, mental health problems, developmental disabilities and related disorders.

THE VILLAGE FAMILY SERVICE CENTER

4133 Iowa St Suite 105, Alexandria MN 56308
910 Lincoln Ave, Detroit Lakes MN 56501
220 Washington Ave W Suite 104, Fergus Falls MN 56537
150 2nd St SW, Perham MN 56573

thevillagefamily.org
320-762-8851
800-627-8220
218-739-5213
800-627-8220

Children and divorce education, preventive in-home counseling, financial resource center, family-based services and youth services.
**THRIFT STORE RESOURCES**

**DOUGLAS COUNTY:**
Klothes Kloset ................................................................. 320-763-9888
660 Northside Dr, Alexandria MN  56308
klotheskloset.com

Someplace Safe Thrift Store .................................................. 320-763-4677
690 Voyager Dr Suite 106, Alexandria MN  56308

**GRANT COUNTY:**
Bargain Bazaar Thrift Store .................................................. 218-685-4236
28 Central Ave S, Elbow Lake MN  56531

Second Chance Thrift Store .................................................. 218-747-2020
102 Main St, Ashby MN  56309

**OTTER TAIL COUNTY:**
Crosspoint Baby Bin & Tot Time ........................................... 218-346-4673
600 8th St NE, Perham MN 56573
Baby Bin provides diapers and supplies for “WIC” recipients on the first Tuesday of each month from 9:00 am to 4:00 pm. Tot Time is also held on the first Tuesday of each month, from 9:00-11:00 am. Tot Time is a fun time for kids ages birth to 5 years to play, sing & read books together. Also a great place for parents to share parenting stories and connect with other parents of young children.
Website: crosspointalliance.com  Email: office@crosspointalliance.com

Fergus Falls Salvation Army Thrift Store .................................. 218-739-3448
917 S Pebble Lake Rd, Fergus Falls MN 56537

Henning Salvation Army Thrift Store ..................................... 218-548-3200
410 Douglas Ave, Henning MN  56551

Perham Calvary Lutheran Church Community Outreach ............. 218-346-4780
619 3rd Ave SW, Perham MN  56573
Website: calvaryperham.com/outreach
Provides beds and frames, kitchen tables & chairs, couches, lamps, pots, bakeware, etc.

Re-Use-It Thrift Shop ........................................................... 218-346-2616
225 E Main St, Perham MN  56573

Richville United Methodist Church Clothing Mission ................. 218-346-5656
130 1st Ave SW, Richville MN  56576

Someplace Safe Thrift Store .................................................. 218-503-2156
204 W Cavour, Fergus Falls MN 56537

**POPE COUNTY:**
Pope County Hearts & Hands Clothes Closet .......................... 320-634-3408
206 6th Ave NW, Glenwood MN  56334
**STEVENS COUNTY:**
Hancock Clothing Bank ............................................................................................................ 320-287-1414
561 6th St, Hancock MN  56244

2nd Chance Consignment ......................................................................................................... 320-589-1559
632 Atlantic Ave, Morris MN  56267
2ndchanceconsignment.shop  Email: 2ndchance211@gmail.com

Someplace Safe Thrift Store ................................................................................................. 320-585-6614
708 Atlantic Ave, Morris MN  56267

**TRAVERSE COUNTY:**
Broadway Thrift & Things ................................................................................................. 320-563-0748
1116 Broadway Ave, Wheaton MN  56296

**WADENA COUNTY:**
Rising Phoenix New To You Thrift Store ........................................................................... 218-631-2113
204 Bryant Ave SE, Wadena MN 56482

Treasure Trove Thrift Store .............................................................................................. 218-837-5182
305 5th St SW, Sebeka MN 56477
Email: wcdac@wcta.net
**TRANSPORTATION RESOURCES**

**DOUGLAS COUNTY CAR CARE PROGRAM** ............................................................................................................. 320-460-7911
209 6th Ave E, Alexandria MN  56308
Website:  douglascountycarcare.org
DCCCP assists individuals in Douglas County Minnesota that are challenged with transportation issues by providing them with a donated vehicle or repairing their car if they own the vehicle but can’t afford the essential maintenance.

**FRIENDLY RIDER TRANSIT** ............................................................................................................. 218-631-5730
229 Harry Rich Dr, Wadena MN 56482
Website:  friendlyrider.com
Low cost public transportation serving every community in Wadena County. Wheelchair and handicapped accessible. Call or see website for schedules and rates.

**GRANT COUNTY VOLUNTEER DRIVER PROGRAM** .............................................................................................. 218-685-8220
PO Box 1006, Elbow Lake MN  56531
Contact: Katie Ennen, Coordinator   Email:  katie.ennen@westerprairiemn.us
Volunteer driver services available daily for travel in and throughout the area.

**MORRIS TRANSIT** ........................................................................................................................................ 320-589-1000
610 Oregon Ave, Morris MN  56267
Website:  ci.morris.mn.us/departments/morris-transit
Low cost public transportation. Handicap accessible.

**OTTER EXPRESS** .......................................................................................................................... 218-998-3002 or 866-998-3002
1225 N Tower Rd, Fergus Falls MN  56537
Website:  otterexpress.com
Public Transportation System available to certain areas of Otter Tail, Clay and Wilkin counties. Curb to Curb services are offered with special care given to children & seniors.

**RAINBOW RIDER** .......................................................................................................................................... 800-450-7770
249 Poplar Ave, Lowry MN  56349
Website:  rainbowriderbus.com   Fax:  320-283-5066
Rainbow Rider is your door to door public transit system available to residents of Douglas, Grant, Pope, Stevens, Todd and Traverse Counties. Buses are handicapped accessible and have professional drivers with training in defensive driving and passenger assistance. Rainbow Rider offers reasonable fares with tickets and punch cards available.