



WEST CENTRAL MINNESOTA

***Communities Action***

# Transportation Provider Directory

Counties of:

Douglas, Grant, Pope,  
Stevens, Traverse



IN PARTNERSHIP WITH



*"This project is made possible in part, under the Federal Older American's Act through a contract with the NWRDC under an Area Plan approved by the Minnesota Board on Aging."*

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## About West Central Minnesota Communities Action

West Central Minnesota Communities Action, Inc. (WCMCA) is located in Elbow Lake, MN and has been in existence since 1965, serving low income households primarily in Douglas, Grant, Pope, Stevens and Traverse counties in Western Minnesota. The mission of WCMCA: “Partnering to build community and empower people to overcome poverty and achieve their full potential”. WCMCA is a 501c(3) nonprofit entity with a 15-member board of directors.

WCMCA currently operates programming in the areas of energy assistance, affordable housing, housing rehabilitation, weatherization, Head Start, homeless services including FHPAP, long term homeless, transitional housing and rapid rehousing programs, supervised visitation, free tax preparation, asset development, financial education and benefits assistance including MNsure navigation services. WCMCA has a vast network of partners throughout the service area and has a history of collaborative work.

# The County of Douglas

## **Alec Courier (taxi service)**

Alexandria

320-760-5462

Operating M-Sun. Noon— 3 am

## **Greyhound Bus**

<https://www.greyhound.com/>

Pick up location

## **Pilot Flying J Truck Stop**

3181 Evergreen Ln

Alexandria, MN 56308

Bus Stop Only

Will Call Available

**Tel: 800-231-2222**

## **Handi-Xpress**

Insurance: BC/BS, UCare, MA, PrimeWest, Health Partners

320-297-0633

218-731-9063

[handixpress@yahoo.com](mailto:handixpress@yahoo.com)

Available 24/7

Medical/non-medical transportation

Provides ambulatory and wheelchair transportation

Provides Door Through Door Service

## **Jefferson Bus Line**

<https://www.jeffersonlines.com/>

Pickup location

## **Pilot Flying J Truck Stop**

3181 Evergreen Lane

Alexandria, MN 56308

800-451-5333

## **Julia's Place**

Insurance: PrimeWest, MA

64 Hancock Ave

Hancock, MN 56244

320-392-2775

[juliaconroy2222@hotmail.com](mailto:juliaconroy2222@hotmail.com) , [juliaplace.net](http://juliaplace.net)

A Prime West and Medical Assistance Provider— NEMT

Door Through Door service

# The County of Douglas

## **Medi-Van**

Detroit Lakes

218-847-1729

800-422-0976

[Imedivan@tekstar.com](mailto:Imedivan@tekstar.com)

[medi-van.org](http://medi-van.org)

Service area: 200-mile radius of Detroit Lakes

Equipped to transport: wheelchair, ambulatory, stretcher and disabled

## **Midwest Taxi Service**

Alexandria

320-815-7997

## **People's Express**

Insurance: MN Medicaid, PNAP, Blue+, UCare, Medica, PrimeWest

**218-631-2909**

800-450-0123

[peoplesexpressmn.com](http://peoplesexpressmn.com)

Office hours 8am-5pm phone answered 24/7

Transportation hours 5am-6pm

Winter hours 6am-6pm

Equipped to transport ambulatory and wheelchair

Providing Door Through Door Service

## **Veteran's Service Office of Douglas County**

806 Fillmore St.

Alexandria MN 56308

320-762-3883

[www.co.douglas.mn.us/veterans](http://www.co.douglas.mn.us/veterans)

We assist with transportation to and from the Minneapolis, St.

Cloud and Fargo VA facilities with paid part time drivers on staff.

(The Fargo van trips will be made on a first come first serve basis with Minneapolis and St. Cloud having priority.)

# The County of Douglas

## **Rainbow Rider**

<http://rainbowriderbus.com/>

800-450-7770

Dispatch Hours:

Monday - Friday: 6:00 a.m. - 5:00 p.m.

Saturday: 7:00 a.m. - 5:00 p.m.

**Rainbow Rider** is a public transit provider with handicapped accessible buses

Whether you need public transportation to get to work, school, sports, the library, shopping or just a fun outing, call 1-800-450-7770 or 320-283-5061 (locally) to arrange your ride today.

Door To Door Service

**Call: Rainbow Rider's Volunteer Driver Program**

**800-450-7770 or 320-283-5061 (locally)**

## **Ready Ride Volunteer Driver Program**

<https://wcmca.org/program/ready-ride/>

Available to adults 60+

Annual fee plus mileage determined by income

218-685-RIDE (7433)

# The County of Grant

## **Handi-Xpress**

Insurance: BC/BS, UCare, MA, PrimeWest, Health Partners

320-297-0633

218-731-9063

[handixpress@yahoo.com](mailto:handixpress@yahoo.com)

Available 24/7

Medical/non-medical transportation

Provides ambulatory and wheelchair transportation

Provides Door Through Door Service

## **Julia's Place**

Insurance: PrimeWest, MA

64 Hancock Ave

Hancock, MN 56244

320-392-2775

[juliaconroy2222@hotmail.com](mailto:juliaconroy2222@hotmail.com)

[juliaplace.net](http://juliaplace.net)

A Prime west and Medical Assistance Provider

NEMT

Door through door service

wheelchair and ambulatory

## **Rainbow Rider**

<http://rainbowriderbus.com/>

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Door To Door Service

**Call: Rainbow Rider's Volunteer Driver Program**

**800-450-7770 or 320-283-5061 (locally)**

# The County of Grant

## **People's Express**

Insurance: MN Medicaid, PNAP, Blue+, UCare, Medica, PrimeWest

**218-631-2909**

800-450-0123

[peoplesexpressmn.com](http://peoplesexpressmn.com)

Office hours 8am-5pm phone answered 24/7

Transportation hours 5am-6pm

Winter hours 6am-6pm

Equipped to transport ambulatory and wheelchair

Providing Door Through Door Service

## **Medi-Van**

Detroit Lakes

218-847-1729

800-422-0976

[Imedivan@tekstar.com](mailto:Imedivan@tekstar.com)

[medi-van.org](http://medi-van.org)

Service area: 200-mile radius of Detroit Lakes

Equipped to transport: wheelchair, ambulatory, stretcher and disabled

## **Ready Ride Volunteer Driver Program**

<https://wcmca.org/program/ready-ride/>

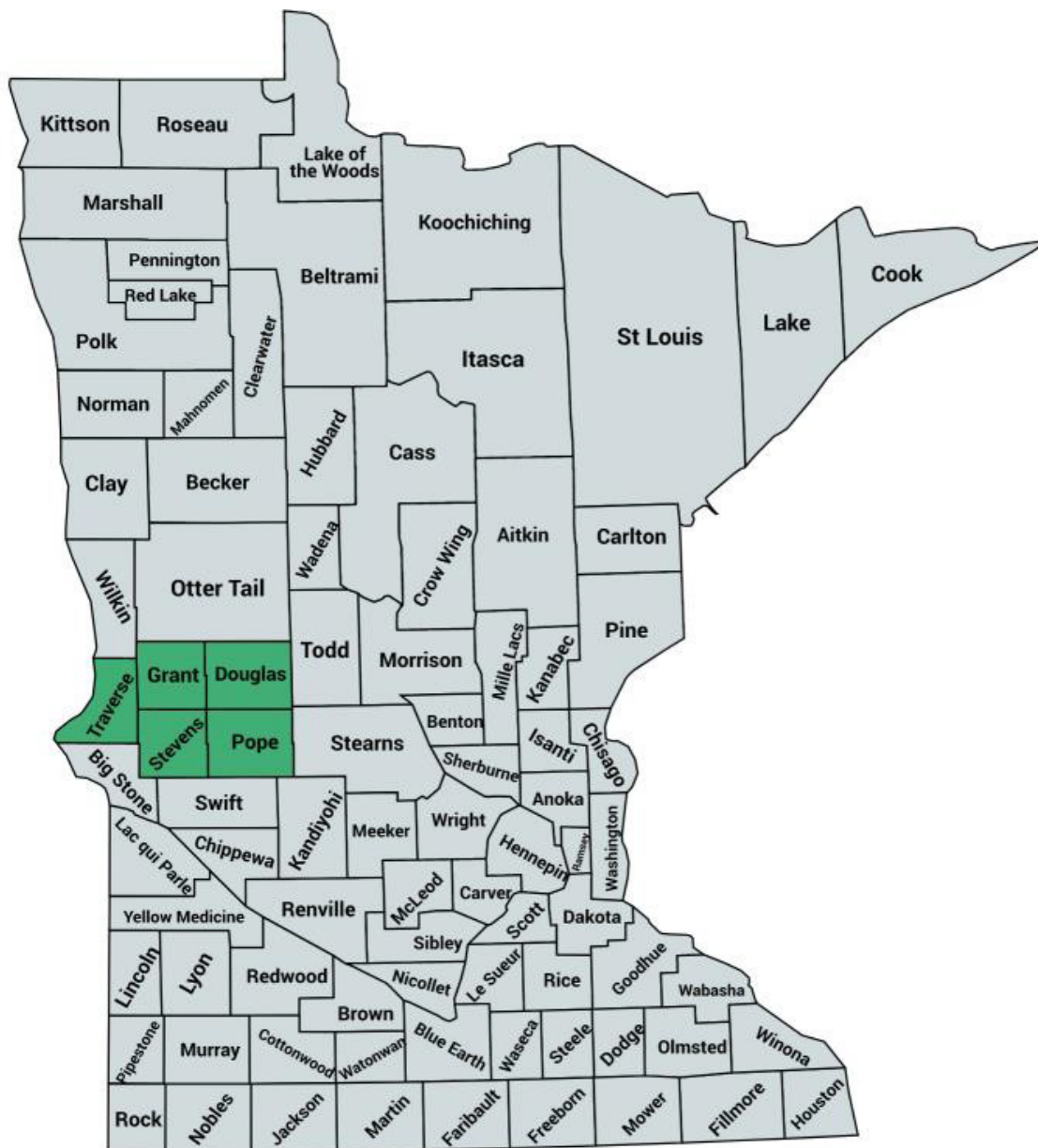
Available to adults 60+

Annual fee plus mileage determined by income

218-685-RIDE (7433)

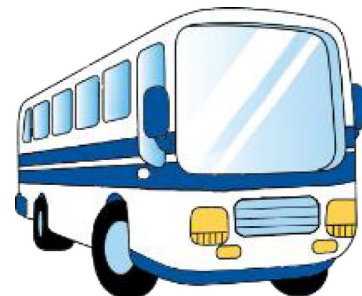


# Quick Reference



# Transportation Quick Reference

<b>Alec Courier (taxi service)</b>	<b>320-760-5462</b>
<b>CareAVan</b>	<b>800-500-6699</b>
<b>CHR</b>	<b>218-983-4654</b>
<b>Friendly Rider</b>	<b>218-631-5730</b>
<b>Greyhound Bus</b>	<b>800-451-5333</b>
<b>Handi Xpress</b>	<b>320-297-0633</b>
<b>Jefferson Bus Lines</b>	<b>800-451-5333</b>
<b>Julia's Place</b>	<b>320-392-2775</b>
<b>Medi-Van</b>	<b>800-422-0976</b>
<b>MidWest Taxi Service</b>	<b>320-815-7997</b>
<b>Morris Transit</b>	<b>320-589-1000</b>
<b>National Home Health Care (NHH)</b>	<b>320-217-8700</b>
<b>Ottertail Minn-Dakota Coaches, Inc.</b>	<b>800-726-3586</b>
<b>People's Express</b>	<b>800-450-0123</b>
<b>Rainbow Rider</b>	<b>800-450-7770</b>
<b>Ready Ride Volunteer Driver Program</b>	<b>218-685-7433</b>
<b>Veteran's Service Office of Douglas County</b>	<b>320-762-3883</b>
<b>Wheaton DAV</b>	<b>855-277-9787</b>



# Additional Resources

## **West Central MN Communities Action (WCMCA) numbers:**

**West Central MN Communities Action - Main Office 218-685-4486**

**West Central MN Communities Action - Main Office 800-492-4805**

**West Central MN Communities Action - Alexandria Office 320-304-3458**

**WCMCA Energy Assistance Program (EAP) 218-685-7005**

**WCMCA Family Homeless Prevention Assistance (FHPAP) 320-304-3458**

**WCMCA Father's Resource Program 320-762-2302**

**WCMCA Free Tax Preparation 218-685-7004**

**WCMCA Head Start and Early Head Start 218-685-4486**

**WCMCA Homemaking, Care and Repair Program (HCR, 60+) 218-685-7008**

**WCMCA Housing Supports 320-304-3458**

**WCMCA MNsure Navigation Services 320-304-3458**

**WCMCA Parents Love Us Kids (PLUS Kids) 320-762-4100**

**WCMCA Ready Ride Transportation Program (60+) 218-685-7433**

**American Red Cross - Douglas, Grant, Pope, Stevens, Traverse 320-251-7641**

**Someplace Safe - 24 Hour Crisis Line 800-974-3359**

**Car Care Program (Douglas and Pope) 320-460-7911**

**Veterans Service Office - Douglas County 320-762-3883**

**Veterans Service Office - Grant County 218-685-4801**

**Veterans Service Office - Pope County 320-634-7846**

**Veterans Service Office - Stevens County 320-208-6555**

**Veterans Service Office - Traverse County 320-422-7726**

**Disability Linkage Line 866-333-2466**

**Senior Linkage Line 800-333-2433**

# The County of Pope

## **Handi-Xpress**

Insurance: BC/BS, UCare, MA, PrimeWest, Health Partners

320-297-0633

218-731-9063

[handixpress@yahoo.com](mailto:handixpress@yahoo.com)

Available 24/7

Medical/non-medical transportation

Provides ambulatory and wheelchair transportation

Provides Door Through Door Service

## **Julia's Place**

Insurance: PrimeWest, MA

64 Hancock Ave

Hancock, MN 56244

320-392-2775

[juliaconroy2222@hotmail.com](mailto:juliaconroy2222@hotmail.com)

[juliasplace.net](http://juliasplace.net)

A Prime west and Medical Assistance Provider

NEMT

Door Through Door Service

wheelchair and ambulatory

## **Rainbow Rider**

<http://rainbowriderbus.com/>

800-450-7770

Rainbow Rider

Dispatch Hours:

Monday - Friday: 6:00 a.m. - 5:00 p.m.

**Rainbow Rider** is a public transit provider with handicapped accessible buses

Whether you need public transportation to get to work, school, sports, the library, shopping or just a fun outing, call 1-800-450-7770 or 320-283-5061 (locally) to arrange your ride today.

Door To Door Service

**Call: Rainbow Rider's Volunteer Driver Program**

**800-450-7770 or 320-283-5061 (locally)**

# The County of Pope

## **Ready Ride Volunteer Driver Program**

<https://wcmca.org/program/ready-ride/>

Available to adults 60+

Annual fee plus mileage determined by income

218-685-RIDE (7433)

## **People's Express**

Insurance: MN Medicaid, PNAP, Blue+, UCare, Medica, PrimeWest

**218-631-2909**

800-450-0123

[peoplesexpressmn.com](http://peoplesexpressmn.com)

Office hours 8am-5pm phone answered 24/7

Transportation hours 5am-6pm

Winter hours 6am-6pm

Equipped to transport ambulatory and wheelchair

Providing Door Through Door Service

## **Medi-Van**

Detroit Lakes

218-847-1729

800-422-0976

[lmedivan@tekstar.com](mailto:lmedivan@tekstar.com)

[medi-van.org](http://medi-van.org)

Service area: 200-mile radius of Detroit Lakes

Equipped to transport: wheel chair, ambulatory, stretcher and disabled

## **National Home Health Care (NHH)**

Insurance: UCare, Health Partners, BC/BS, STS PrimeWest, MA

320-217-8700

[www.nhhcaretransportation.com](http://www.nhhcaretransportation.com)

Non-emergency medical transportation

Offering wheelchair transport

# The County of Stevens

## **Handi-Xpress**

Insurance: BC/BS, UCare, MA, PrimeWest, Health Partners

320-297-0633

218-731-9063

[handiexpress@yahoo.com](mailto:handiexpress@yahoo.com)

Available 24/7

Medical/non-medical transportation

Provides ambulatory and wheelchair transportation

Provides Door Through Door Service

## **Julia's Place**

Insurance: PrimeWest, MA

64 Hancock Ave

Hancock, MN 56244

320-392-2775

[juliaconroy2222@hotmail.com](mailto:juliaconroy2222@hotmail.com)

[juliasplace.net](http://juliasplace.net)

A Prime west and Medical Assistance Provider

NEMT

Door Through Door

wheelchair and ambulatory

## **People's Express**

Insurance: MN Medicaid, PNAP, Blue+, UCare, Medica, PrimeWest

**218-631-2909**

800-450-0123

[peoplesexpressmn.com](http://peoplesexpressmn.com)

Office hours 8am-5pm phone answered 24/7

Transportation hours 5am-6pm

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Equipped to transport ambulatory and wheelchair

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# The County of Stevens

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Detroit Lakes

218-847-1729

800-422-0976

[Imedivan@tekstar.com](mailto:Imedivan@tekstar.com)

[medi-van.org](http://medi-van.org)

Service area: 200-mile radius of Detroit Lakes

Equipped to transport: wheelchair, ambulatory, stretcher and disabled

## **Morris Transit**

320-589-1000

[transit@ci.morris.mn.us](mailto:transit@ci.morris.mn.us)

Service Hours: M-F 6am-10pm

Saturday 12pm -4pm

Sunday 8am-12:30pm

## **Rainbow Rider**

<http://rainbowriderbus.com/>

800-450-7770

Dispatch Hours:

Monday - Friday: 6:00 a.m. - 5:00 p.m.

**Rainbow Rider** is a public transit provider with handicapped accessible buses

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Door To Door Service

**Call: Rainbow Rider's Volunteer Driver Program**

**800-450-7770 or 320-283-5061 (locally)**

## **Ready Ride Volunteer Driver Program**

<https://wcmca.org/program/ready-ride/>

Available to adults 60+

Annual fee plus mileage determined by income

218-685-RIDE (7433)

# The County of Traverse

## **DAV**

855-277-9787

A van is available in Wheaton to transport veterans to appointments at a VA facility.

It is operated on a first come, first serve basis and does fill up quickly.

Not handicapped accessible

## **Handi-Xpress**

Insurance: BC/BS, UCare, MA, PrimeWest, Health Partners

320-297-0633

218-731-9063

[handixpress@yahoo.com](mailto:handixpress@yahoo.com)

Available 24/7

Medical/non-medical transportation

Provides ambulatory and wheelchair transportation

Provides Door Through Door Service

## **Julia's Place**

Insurance: PrimeWest, MA

64 Hancock Ave

Hancock, MN 56244

320-392-2775

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[juliasplace.net](http://juliasplace.net)

A Prime west and Medical Assistance Provider

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## **Rainbow Rider**

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Dispatch Hours:

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Whether you need public transportation to get to work, school, sports, the library,

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Door To Door Service

**Call: Rainbow Rider's Volunteer Driver Program**

**800-450-7770 or 320-283-5061 (locally)**



# The County of Traverse

## **Medi-Van**

Detroit Lakes

218-847-1729

800-422-0976

[lmedivan@tekstar.com](mailto:lmedivan@tekstar.com)

[medi-van.org](http://medi-van.org)

Service area: 200-mile radius of Detroit Lakes

Equipped to transport: wheel chair, ambulatory, stretcher and disabled

## **People's Express**

Insurance: MN Medicaid, PNAP, Blue+, UCare, Medica, PrimeWest

**218-631-2909**

800-450-0123

[peoplesexpressmn.com](http://peoplesexpressmn.com)

Office hours 8am-5pm phone answered 24/7

Transportation hours 5am-6pm

Winter hours 6am-6pm

Equipped to transport ambulatory and wheelchair

Providing Door Through Door Service

## **Ready Ride Volunteer Driver Program**

<https://wcmca.org/program/ready-ride/>

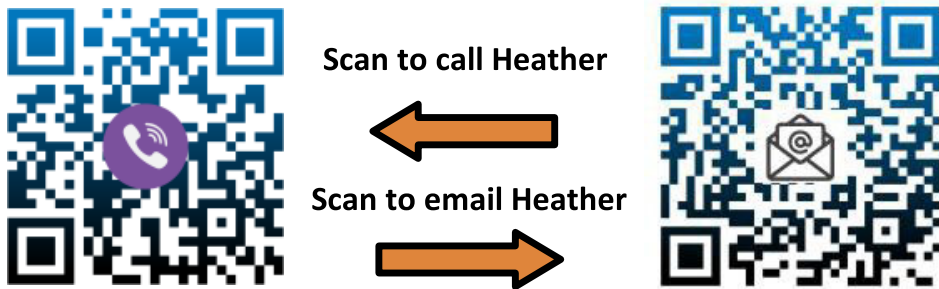
Available to adults 60+

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218-685-RIDE (7433)

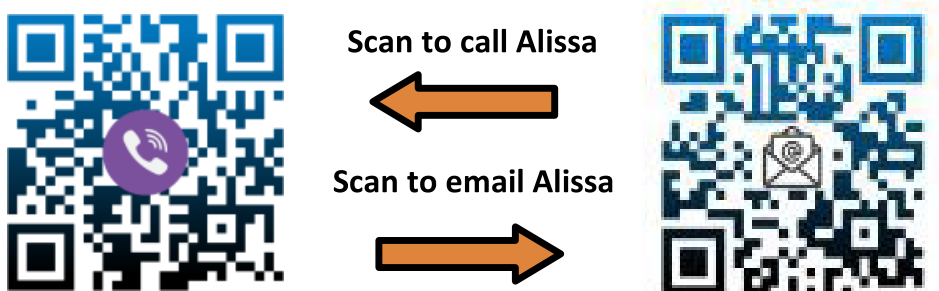
**Heather Molesworth, M.A., CCAP**

Family and Community Services Director  
West Central Minnesota Communities Action, Inc.  
1910 Aga Drive, Suite 206  
Alexandria, MN 56308  
WC-Alexandria Office 320-304-3458  
heatherm@wcmca.org



**Alissa Smith**

Family & Community Services Special Projects Coordinator  
West Central Minnesota Communities Action, Inc.  
411 Industrial Park Blvd  
Elbow Lake, MN 56531  
Cell: 218-770-0381  
alissas@wcmca.org



## Uber\* and Lyft™

Uber and Lyft are ride-hailing apps that operate in largely the same way: Open the app on your smartphone, type in the address you want to go to, select the type of ride you want to take (single, shared or luxury), see the cost and confirm. You'll be able to see where your driver is and when they're going to arrive. You may also request rides from their websites.

Uber\* website: <https://www.uber.com/>

or scan this QR code:



Lyft™ website: <https://www.lyft.com/rider>

or scan this QR code:



\* “Uber” is a Common Law Trademark where recognized as such and applicable.

™ “Lyft” is a Trademark of Lyft, Inc.

## **Legal Information**

The information in this directory may change between printings. It is best to contact the transportation provider for the most up to date information regarding their service. West Central MN Communities Action, Inc., strives to make the information in this directory as timely and accurate as possible, we make no claims, promises, or guarantees about the accuracy, completeness, or adequacy of the contents of this document, and expressly disclaims liability for errors and omissions in the contents of this document. No warranty of any kind, implied, expressed, or statutory, including but not limited to the warranties of non-infringement of third party rights, title, merchantability, or fitness for a particular purpose. References in this directory to any specific